

What to expect at the National Science Bowl® (the **REAL** questions) . . .



All transportation is scheduled by NSB – do not make your own arrangements. A shuttle bus will bring you and your luggage from the airport/train to the 4-H Center. Check www.tsa.gov for travel security tips. The first meal provided is Thursday dinner, so you should bring or purchase breakfast/ lunch during your travel to DC. There is an ATM, snack/soda machines, and gift shop at the 4-H Center.



Clothes (sweater, rain gear, regional t-shirt, black/navy pants and shoes, casual clothes, sneakers), shampoo, toothbrush, other toiletries, maybe a pillow, lucky trinkets, any textbooks (to cram), and camera for sightseeing. Remember to pack liquids in checked luggage or carry small toiletries (3 oz.) on plane in a clear plastic bag. Don't bring jeans with holes or midriff tops, drugs, weapons, alcohol, or tobacco products. Each room has a bathroom, tv, beds, linens, towels, and soap.



Yes—there's a phone in every room, but you are responsible for long-distance calls (this includes if you bring a computer and use your modem). (Parents—both the in-room televisions and the cyber café computers have parental controls. Parents can call the 4-H Center at 301-961-2801.)



Play on the basketball court, arcade games in the game room, board games, play volleyball, check your E-mail in the cyber café, or hang out in the lounge. On Sunday, there will be an opportunity to attend an interfaith worship service on campus.



Visit the 4-H Center on web at
<http://www.4hcenter.org>